NEWS
Mental health on campus
New sticker initiative aims to show support for mental health reform **page 2**

EDITORIAL
Letters to the Editor
Weller '19 and VP for Enrollment Inzer address last week's "Jan" article **page 4**

ARTS & ENTERTAINMENT
Oneida firsts
College, for first time, hosts Onedia social dance and rapper **page 10**

1847 The Spectator

The Spectator

Thursday, Feb. 1, 2018
Volume LVIII
Number 16

Publishing the Truth, From Good Motives and For Justifiable Ends

Congressman Tonko blasts Trump, GOP at on-campus Brindisi fundraiser

by Charles Dunst '18
Editor-in-Chief

On Sunday, Jan. 28, Hamilton's Little Pub played host to local Democrats gathered in support of State Assemblyman Anthony Brindisi, a Congressional hopeful for New York's 22nd district, in which Hamilton is located. The event was hosted by the Hamilton College Democrats and Katheryn Doran, Associate Professor and Chair of the Philosophy Department.

"I want to thank the Hamilton College Democrats, and the Kirkland and Oneida County Democrats for doing such a great job bringing out the crowds to such a fun, lively event: a party with a purpose! It's been a tough year politically for many of us but this was a hopeful event," Doran told *The Spectator*.

"District 22's 2018 Congressional race is one of the most closely watched in the nation, and the town & gown turnout and energy at the Pub confirms my confidence that Anthony Brindisi can win it," she added.

Advertised as including appearances from Congressman and Hamilton alumnus Matt Cartwright '83 (D, PA-17) as well as Congressman Paul Tonko (D, NY-20), along with Brindisi himself, the event's entry fee varied from $20 for "Students" to $100 for "Individuals. Attendees had the option to donate $250 and $500 for the enumeration of "Friend" and "Sponsor," respectively.

However, as announced at the event, Brindisi's father-in-law, who had long been in hospice care, passed away on the morning of the event. As such, the congressional hopeful was not able to attend; organizers remain optimistic that he will reschedule and eventually appear on campus.

"Unfortunately, Anthony was unable to attend Sunday's event due to a family emergency," Ellen Foster, Brindisi's Campaign Manager, told *The Spectator*.

"As a campaign, we were very happy to see many new and familiar faces and we are excited to keep involving the Hamilton College community in our campaign. If any students are interested in interning for the campaign, please email Katie Mock at katie@brindisiforcongress.com."

Additionally, due to a miscommunication over timing, Congressman Cartwright was unable to attend. As such, Paul Tonko served as the event's sole Congressional representative. Tonko, elected to the House of Representatives in 2008, currently serves on the Committee on Energy and Commerce and the Committee on Science, Space & Technology. He represents New York's 20th district, which is located in the heart of the Capital District and include Albany, Schenectady, and Troy.

In an impassioned, 15-minute speech to the crowd of 40-50, comprised of professors, faculty, locals, and students, the Congressman attacked Trump and the GOP at large while simultaneously indicating his steadfast support for Brindisi.

He began his speech with a not-so-subtle reference to current NY-22 congresswoman Claudia Tenney. Tenney, a conservative Republican elected to her first term in 2016, has garnered significant local press coverage for her appearances with President Donald Trump.

The Congresswoman was one of two House members invited to the President's April 21 signing of three executive orders to roll back some of the Dodd-Frank reforms passed after the 2008 recession. At said signing, the Congresswoman handed her cell phone to President Trump, asking him to speak with her son, Trey Cleary, who was set to soon leave for a six-month deployment to Iraq.

"Mr. President, open your eyes wide and scrub your mouth."
-Congressman Tonko

"They had quite a long conversation for a couple of minutes," Tenney told the Mark Weiner of the *Syracuse Post-Standard*. "I said, 'What's going on? [Trump] laughed a little bit. They must have been joking or something. He handed me the phone back and my son said, 'Oh my God.'"

The Congresswoman also made up-

PHOTOS COURTESY OF U.S. CONGRESS/WIKIMEDIA AND NEW YORK STATE ASSEMBLY

Congressman Paul Tonko (D, NY-20) (left) spoke at an on-campus fundraiser for Congressional hopeful Anthony Brindisi (right).

state headlines following the House Republicans' initial attempt to repeal Obamacare. On May 4, *The Post-Standard* ran the online headline "Tenney celebrates at White House after GOP starts to dismantle Obamacare." This was Tenney's first trip to the Rose Garden; her appearance illicited disapproval from Tonko.

"So the first time they did that whole thing (the House bill to repeal Obamacare), remember the pictures of some local faces in Congress – very local faces – at the picnic at the White House when they passed their version in the House and denied 23 million people healthcare?", Tonko asked the crowd. "Very local faces" appears to refer to Tenney, who can be seen with the President on bottom left.

"So what do you do [when you pass the bill]?" the Congressman panned. "You have a beer blast at the White House!"

Additionally, Tonko took aim at President Trump's and the GOP's immigration policies, particularly in reference to the DREAMers.

"Now [as] if the economic agenda isn't...morally defunct [enough], how about the DREAMers?" Tonko asked. Answering his own question, the Congressman aimed to refute Trump's claims that DREAMers are not positive additions to the country.

"97 percent of our DREAMers are either working or in college. I think it's 91 or 92 percent are absolutely working. A thousand – near a thousand – have served us in the military."

Furthermore, Tonko addressed Trump's reported use of the word "shithole" to describe Haiti, El Salvador, and numerous African countries. The Congressman did not mince words.

"Mr. President, open your eyes wide and scrub your mouth," Tonko said sternly.

"I have Haitian friends, I have African friends, I have an African doctor from Nigeria who brought my mother back to sound health at 96 just a few weeks ago. So don't tell me about your vulgarity, don't debate 'hole' vs. 'house,'" Tonko declared, referencing a Jan. 15 *Washington Post* article in which anonymous Republican sources asserted that Trump said "shithouse countries" rather than "shithole countries."

"Look at yourself," he implored the President. "Look at yourself good into the mirror and tell us that you stand for all of us."

In addition to referencing contemporary immigration concerns, Tonko discussed his own personal history. "As a grandson of immigrants, you have just blasted away at my grandparents' journey and I don't take it kindly," he said.

"Don't crush the American spirit with your vulgar mouth and vulgar attitude."

Continuing on to the approval of the liberal crowd, the Congressman addressed the future of both the district and the country at large. Specifically referencing Brindisi and local activists, the Congressman painted an optimistic picture.

"So tonight my friends, my message to you is: we are agents of hope. And if we're not, get out of the way," he passionately told the crowd. "There's a difference here in the quality of representation that people can bring and that's the joy of America. And Anthony will be a partner in that progress."

"He will have that moral compass that says 'we will do this together, we will walk together, we will feel each other's battles, we will feel each other's pain, and we'll show the best that America has to offer.'"

Concluding his remarks, Tonko essentially issued a called to action.

"So let's get out there… [with the] work and the energy that it requires, let's pour forth the intellect, let's challenge or neighbors, and friends and family, and say 'open your heart, open your mind; there's a better choice for this Congressional District.'"

PHOTO COURTESY OF EVAN VUCCI / ASSOCIATED PRESS

Tenney (R, NY-22) (far right, in grey jacket) attends May 4 celebration at White House of House's initial passage of healthcare bill.

In a first, Inter-Society Council holds information session for Greek life recruitment process

by Isabel Kierstead '21
Staff Writer

On Jan. 28, the Inter-Society Council (ISC), the student organization for recognized private societies, held an information session for interested first-years about the Greek life recruitment process. Private all-male societies at Hamilton began in 1831; the first all-female sorority was established in 1982.

Greek life societies at Hamilton offer structured social options for all of the students on campus by hosting all-campus parties and philanthropic events. Greek societies also offer private social events, philanthropic opportunities, and alumni connections for their members.

This year, for the first time, Student Activities hosted an information session concerning the recruitment, or "rush" process.

"The event [began] with a presentation on why to join a Greek society and the recruitment process and a Q&A session will follow," said Caroline Langan, '18, Co-Chair of the ISC. "The Q&A session [enabled] Greek members to share their experiences during the recruitment process."

Gavin Meade, a brother of the Chi Psi fraternity, commented that "It's super exciting to see the administration work in conjunction with the various societies on campus to best serve and partner with incoming students interested in joining Greek organizations."

With Hamilton's Greek life and rush process being different from that of many other schools, the information session is a new change in recruitment procedures that hopes to make it a smoother process. Past changes include rush being pushed back to second semester. The ISC's Committee on Greek Recruitment recommended that "rush activities for first-year students (and other interested students) should commence no sooner than the first day of the spring semester and conclude by the last day of spring semester classes," with pledging occuring in the fall of the sophomore year.

This new change hopes to increase the transparency of Greek life at Hamilton and improve the system itself.

"[T]he Student Activities office is working in conjunction with groups from the ISC to research other schools and compile a list of recommendations for many aspects of Greek life, including philanthropy, alumni relations, and leadership training," said Matthew Lebowitz '18, who is the other Co-Chair of the ISC.

"Rush/pledging is just one of these 'working groups.'"

PHOTO COURTESY OF GAVIN MEADE '20

Chi Psi, pictured above, is one of nine recognized fraternities and one of the total 16 recognized Greek life organizations on campus.

With each society's rush process differing – with some having informal meetings and others hosting themed parties – it can be overwhelming for students to have a lack of definitive information surrounding rush.

"The ISC has been working with the Dean of Students to examine best practices in Greek Life with the goal being to continually work to improve Greek Life and the perception of Greek Life," added Langan.

After the semester long rush process, "bids are given between the end of spring break and Class & Charter Day," said Lebowitz, ending with students accepting one of the invitations to join a society.

The information session will ensure that all students are able to engage with the process before it begins, and understand the parameters of the long-anticipated events.

Mental Health Taskforce member designs sticker to promote campus mental health awareness

by Gavin Meade '20
Opinion Editor

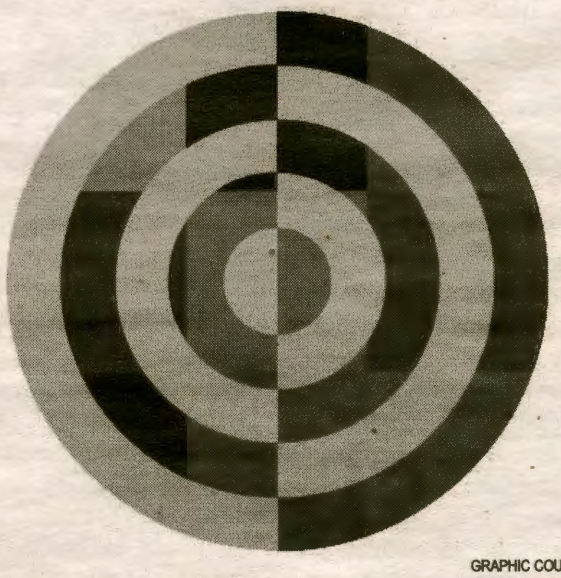
On June 25, 1978, the original gay pride flag flew at the San Francisco Gay Freedom Day Parade. The flag was the creation of gay activist Gilbert Baker, though it was commissioned by the famous Harvey Milk, and was designed to be a symbol of pride for the gay community. Along with slight visual alterations made over the years, the message has broadened to include the Lesbian, Gay, Transgender, Bisexual, and Queer (LGTBQ) community at large. The flag – or some iteration of it – now adorns stickers, ribbons, buttons, t-shirts, and virtually anything one can think of. On college campuses, the rainbow flag can be a message to students and faculty alike, as is the case on Hamilton's campus.

As recently as last year, the Queer Student Union (formerly known as the Rainbow Alliance) designed a symbol in homage to the rainbow flag specific to Hamilton and the Hamilton community. The rainbow 'H' can be seen on laptops, water bottles, and on the doors of academic offices on campus. This is a tangible and instantly recognizable message to any passersby that the individual bearing the 'H' supports, identifies with, or is a proud advocate of the LGBTQ movement in general and in specific support of students on campus. Professors who have the sticker on their door are nonverbally telling students that there office is a safe space. Students who want someone to talk to will be listened to, understood, and supported by the wonderful men and women who make up the faculty of this campus.

Hamilton has taken many steps toward creating an open and nurturing environment for students, but there is more yet to come. Mental health is perhaps the most relevant topic in the lexicon of Hamilton College right now. From student organizations to Student Assembly to the administration, everyone is currently focused on mental health. In the wake of this movement, one student has come up with a symbol with the intent for it to become as iconic and supportive as the rainbow 'H.'

Albert Ian Lunn '20 has designed a series of almost connected concentric half-circles. Lunn is actively involved in the Mental Health Task Force, works with Minds for Change, and is a key player in the conversation surrounding mental well-being on this campus.

"To me, mental health is about confounding conflicting extremes: balancing moments of darkness with moments of light and unifying mismatched pieces to create a complete whole," Lunn said.



GRAPHIC COURTESY ALBERT IAN LUNN '20

The sticker design, pictured above, was conceived by Albert Ian Lunn '20 as part of a campaign to raise awareness of mental health issues on campus.

"We hope for consistent brightness but in that pursuit inevitably experience layers of darkness. This logo is meant to evoke the balancing act demanded by a wholly healthy mind. Bracing for the turbulence of oscillation through awareness makes for a safer ride."

Lunn hopes that the sticker will be applied similarly to the rainbow 'H' on campus. He envisions it emblazoned on water bottles, doors, and laptop cases.

The stickers aim to serve as a sign of solidarity with those working to balance their mental health, and as an invitation for communion if such contact is requested. The sticker is already worn by some students and on the doors of administrators near Dean Chase's office. Given the positive response, Lunn hopes to continue his sticker campaign and increase awareness on campus.

Alumni council announces nominations for Board of Trustees and Alumni Association presidency

by Benjamin Katz '20
News Editor

On Jan. 16, the College Communications Office announced the nomination of three members of the Alumni Council to the Hamilton Board of Trustees, and the nomination of one member to be president of the Alumni Association. Hamilton's Alumni Council consists of approximately 300 members, and is the largest and the most representative body of its type in the NESCAC. The committees of the Alumni Council include the Executive Committee, the Multicultural Alumni Relations Committee and the Nominations Committee. The Alumni Association provides financial and personnel support to the College, such as organizing fundraising campaigns and provides volunteers for College events and admissions purposes.

Johannes P. Burlin '89 was nominated to serve as an Alumni Trustee on the Board of Trustees. A native of Sweden, Burlin studied economics while at Hamilton and was a member of choir and brass choir while on the Hill. After his graduation, Burlin received a law degree from Columbia Law School, and he is currently co-CEO of Tilia Holdings, a private equity firm that invests in companies related to the safety of the food supply chain. Previously, Burlin served as a member of his 30th Reunion Planning Committee.

Alison M. Hill '87 was also nominated to serve as an Alumni Trustee on the Board of Trustees. A public policy major, Hill played on the varsity ice hockey and field hockey teams during her time at Hamilton, and, upon graduation, earned a law degree from Case Western University School of Law. Professionally, Hill works as a managing director at Prologis, a firm in the industrial logistics real estate industry. Hill's previous service to Hamilton includes serving as an admissions volunteer and as a regional president of the Northern California Alumni Association.

Gregory M. Schwarz '94 was the third person nominated by the Alumni Council for a position on the Board of Trustees. Schwartz was a Government major during his time at Hamilton, and was a member of the swimming and diving team as well as the Chi Psi fraternity. Schwartz currently works as the chief business officer for the Zillow Group, an online real estate database company. His previous service to Hamilton College includes serving as a volunteer for the Career Center and as an advisor for the Advancement Office.

Gordon D. Kaye '74, P'05 was nominated by the Alumni Council to serve as President of the Alumni Association. Kaye was a Government major at Hamilton. Following graduation, Kaye earned a master's degree in public policy from Princeton University and a law degree from Columbia University through a joint program. Kaye is the editor and publisher of the Graphic Design USA magazine.

Kaye is currently serving as Alumni Association president and Alumni Council chair.

Campus Safety Incident Report

In an effort to increase Campus Safety's transparency, *The Spectator* publishes a selection of the previous weekend's incidents each Thursday. Both Campus Safety and *The Spectator* use discretion regarding what is published.

Monday, January 22

12:22 A.M. Noise/Marijuana Complaint – South Hall
1:00 A.M. Parking Enforcement – Faculty Lots
7:00 P.M. Sewer Alarm – Beinecke Village
8:44 P.M. Mechanical Issue – Beinecke Village
9:12 P.M. Mechanical Issue – Commons Dining

Tuesday, January 23

8:40 A.M. Medical Emergency – South Hall
4:41 P.M. Area Check – Babbitt Hall
7:31 P.M. Sewer Alarm – Beinecke Village

Wednesday, January 24

12:24 A.M. Trouble Alarm – Sage Rink
12:35 A.M. Noise Complaint – Babbitt Hall
10:01 A.M. Fire Alarm – Eells House
10:20 A.M. Parking Enforcement – Kennedy TSA
12:35 P.M. Attempt to Locate – Residence Hall
1:04 P.M. Check the Welfare – Bristol Center
4:26 P.M. Motor Vehicle Accident – Dunham Lot
11:24 P.M. Parking Complaint – 95 College Hill Road
11:28 P.M. Noise Complaint – Babbitt Hall

Thursday, January 25

12:34 P.M. Smoke Detector – Eells House
3:03 P.M. Assist – Elihu Root House
6:40 P.M. Animal Complaint – Commons Dining Hall
10:11 P.M. Smoke Detector – Griffin Road Apts.
11:57 P.M. Parking Complaint – 95 College Hill Rd

Friday, January 26

1:27 A.M. Trespass – McEwen Dining Hall
8:38 A.M. Motorist Assist – Root Lot
3:55 P.M. Trouble Alarm – South Hall
6:58 P.M. Medical Emergency – Bristol Center
7:21 P.M. Suspicious Incident – College Hill Road
7:59 P.M. Trouble Alarm – Skenandoa House
8:43 P.M. Unauthorized Party – Eells House
10:51 P.M. Unauthorized Party/Liquor Law Violations – Wertimer House
11:05 P.M. Medical Emergency – Residence Hall

Saturday, January 27

12:11 A.M. Medical Emergency – Residence Hall
1:05 A.M. Area Check – Main Quad
2:21 A.M. Medical Emergency – Residence Hall
9:32 A.M. Criminal Mischief – South Hall
11:28 A.M. Smoke Detector – Griffin Road Apts.
7:40 P.M. Parking Enforcement – Main Quad
8:43 P.M. Mechanical Issue – Blood Fitness
11:20 P.M. Marijuana Complaint – Babbitt Hall Exterior

Sunday, January 28

12:43 A.M. Smoke Detector – Babbitt Hall
4:19 A.M. Criminal Mischief – Dunham Hall
4:28 A.M. Medical Emergency – Kirner Johnson
11:53 A.M. Medical Emergency – Residence Hall

Letters to the Editor re: Jan. 25 "January admits not granted need-blind status in admissions"

As a former January (Jan) admit, I have many problems with the Jan. 25 *Spectator* article: "January admits not granted need-blind status in admissions." First of all, the article says that "that in past years the Jans have been even less diverse than they are now." However, the article does not mention that the number of Jan admits has increased over the past years. Secondly, the article claims that "only 15 percent of this year's Jans identify similarly [as students of color or international]; 72 percent identify as white." The article looks at such a small sample size, which in turn inflates the presented data.

I personally know many Jans who have taken out student loans, or who are on financial aid. They do not consider themselves "overwhelmingly affluent and rich." While the majority of January admits are not on scholarship nor have students loans, such economic privilege is not unique; this is Hamilton. Many of these students could be considered "overwhelmingly affluent and rich." Such affluence is not exclusive to Jans. The way the facts are presented in the article leads readers to believe that January admits are different from the rest of the Hamilton population; this is untrue.

Like all students on the Hill, the Jans have worked incredibly hard to get here and continue to work hard while on campus. The difference is that they were so willing to attend Hamilton that they did whatever it would take to be here. This included spending the fall of their first year not at Hamilton. Not all Jans go to London. Some work on political campaigns, coach sports teams, and participate in other educational activities which do not require them to pay tuition.

I understand the intent of the article was to question the accuracy of the College's need-blind policy in regard to January admission. But, to insinuate that we are not as smart or qualified as our peers because we "are not included in class profile statistics on Hamilton's website" is disrespectful and not representative of who we are. Instead of addressing college policy, you have attacked the character of all Jans.

Being a January admit has shaped most of my college experience for better and worse. I understand the purpose of your article, but I feel you have implicated Jans negatively by contributing to the stigma that we are all rich and spoiled. To further ostracize a group of students that is already feeling alienated from the general student population, who falsely believe them to be sub-standard admits. Articles such as the one in last week's issue contribute to this reputation and perpetuates these misconceptions.

Sincerely,
Emma Weller '19
a non-stereotypical Jan

I appreciate *The Spectator*'s coverage and interest in Hamilton's January admission program, and am offering this Letter to the Editor to clarify and supplement some of the information that was included in the Jan. 25th article: "January admits not granted need-blind status in admissions."

Hamilton's admission selection process is holistic, meaning many factors are used to determine admission (academic rigor, grades, testing, essays, recommendations, talents, personal qualities, demographics, and fit, among other things). The admission staff works hard to assemble the best composite of admits from our constantly evolving pools for each entering cohort (fall first-year students, fall and spring transfers, January first-year students). Because we have so many qualified applicants for a limited number of seats in each class (next year that means 6,240 applications for 485 fall first-year spots), the hardest part of our job is figuring out who not to take. We are grateful that Hamilton offers the January first-year admission program because it allows us to invite a greater number of talented students to join our community. As many have likely observed, Hamilton's "Jans" are a very integral and vibrant portion of our community. In selecting our Jans each year, the admission committee tries to identify students who they believe can be successful managing their first semester of college off campus and making the transition to Hamilton as new students in January. Many students indicate a willingness to be considered for (and sometimes prefer) the Jan option on their application and, while not a perfect fit for all, a high percentage of students who are offered this option end up choosing it.

I have been asked why Hamilton's Jan statistics are not included in the first-year profile information found on the College's website. Colleges and universities adhere to a standard, federal methodology for reporting student data based upon shared definitions, dates and entry terms. Our Institutional Research Office uses a "census" date of October 1, and our externally reported data includes anyone enrolled (on campus, paying tuition, etc.) at that time. Last year's Jans, therefore, would be included in our overall enrollment statistics this year.

This semester, Hamilton welcomed 45 Jan first-year students, along with six transfer students. From our Jan cohort, 35 participated in our partner program with Arcadia in London, two participated in our new partnership with the SEA semester, and the eight others worked, spent the semester with family, or participated in other educational, travel or service experiences they found and pursued on their own. Of our 45 Jans, 48 percent identified as male and 52 percent female, and 15 percent identified as non U.S. citizens or African American, Native American, Hispanic/Latino, Asian American or Multiracial. An additional nine percent identified as dual citizens of the U.S. and at least one other country. Only 22 percent hail from New York and the remainder come from all over the U.S. plus Taiwan, Switzerland, Greece and France.

Our financial aid budget is extremely generous (roughly $40 million this year), but it is not limitless. Thus, Hamilton is not need-blind in admission decisions for our Jans. However, in keeping with the College's mission of access, in recent years we have worked hard to find and promote alternative options to the London Arcadia program (like our new partnership with the SEA semester) that might not be as costly and would be attractive to a wider range of students from varying backgrounds. And, of course, as is true for all students admitted to Hamilton, we meet 100 percent of the demonstrated financial need for Jans once they enroll at Hamilton.

I hope it is obvious that Hamilton is very proud of all of our students, including those admitted through our Jan program. I also hope this letter provides some context for the nuances of our admission selection process at Hamilton and, above all, demonstrates how thoughtful we try to be in advocating for appropriate students, allocating our resources responsibly, and admitting the future of Hamilton College.

Monica C. Inzer
Vice President for Enrollment Management

The Spectator

Editor-in-Chief
Charles Dunst

Managing Editors
Cilly Geranios
Will Kaback

News Editors
Ben Katz
Amanda Kim

Opinion Editors
Allie Duggan
Gavin Meade

Sports Editors
Patrick Malin
Levi Lorenzo

Features Editors
Molly Geisinger
Bethany Vickery

A&E Editors
Michelle Chung
Josie Blatt

Senior Editor
Bridget Lavin

Photography Editors
Dan Tu
Molly Tracey
Levana Lyu

Production Editors
Lucy Munves
Stefanie Chin
Kyra Richardson
Haley Hassell
Mary Beringause
Savannah Kelly

Social Media Editor
Laura Rodriguez

Advertising Director
Ajla Karabegovic

Web Editors
John Carroll
Charles Fogg

Illustrator
Heidi Wong

Copy Editors
Corinne Russell, Abigail Henkel , Hannah Lasher, Juanita Gordon, Lily Capstick, Leyla Valerio, Julia Booth, Carson Goos, Neha Jain, Renee Varga Mary Lundin, Laura Hornby, Phoebe Duke-Mosier, Linh Do, Margaret Merz

Letters to the Editor Policy

The Spectator's Letter to the Editor section is designed to be a forum for the entire Hamilton community to discuss and debate campus, local, national, and global issues. Pieces published in the section express the opinion of the individual writers and are not necessarily the opinions of *The Spectator*, its editors or the Media Board.

Letters to the Editor are welcome from all students, alumni/ae, faculty, friends of the college, and Hamilton community members.

The Spectator has the following policies for submission:

1. Submissions are due by 10:00 p.m. on the Monday before publication. The editors reserve the right to refuse any late submissions.
2. Letters should be no longer than 500 words. The editors reserve the right to cut off letters at 500 words.
3. Letters submitted anonymously will not be printed.
4. *The Spectator* reserves the right not to publish any letter it deems inappropriate for publication.
5. If a piece is determined to be libelous, an unwarranted invasion of privacy, or an unnecessary and/or unwarranted ad hominem or personal attack, it will not be published.

About Us

The Hamilton College Spectator, *publication number USPS 612-840, is published weekly by the Hamilton College Student Media Board while classes are in session. For more information e-mail spec@hamilton.edu. Our offices are located on the second floor of the Sadove Student Center. The deadline for advertisements is Monday the week of publication. For further information, please e-mail specads@hamilton.edu.*

SAD? The seasonal effects of winter on Hamilton's student body

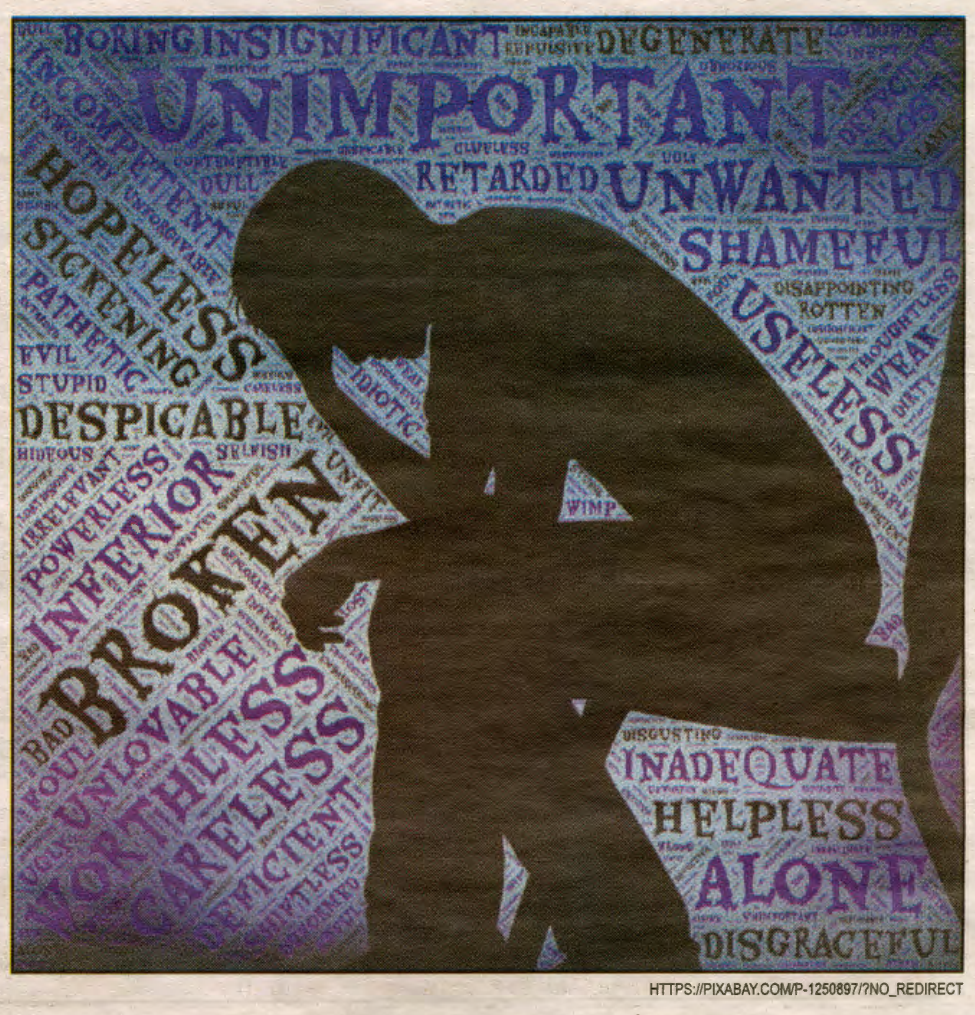
by Allie Duggan '20
Opiniion Editor

Across campus in the winter months, it is common to hear complaints about the excessive amounts of snow and the constant clouds that plague our central New York skies. The lack of sunlight, as well as the massive amounts of time spent indoors due to the freezing temperatures, often leave students feeling lethargic or as though they have caught a case of the winter blues. This feeling, although normal, in extreme cases can lead to feelings of hopelessness, worthlessness and even suicidal thoughts. While you might be quick to classify this as depression, many people will fight back on this classification claiming, "but it only happens in the winter, it's not a big deal. I just get a little sad in the winter." Well, that is exactly right. It is just SAD, otherwise known as Seasonal Affective Disorder. SAD is a mood disorder subset in which individuals exhibit normal behavior during the majority of year but during specific seasons, most commonly winter, will transition to exhibiting depressive behavioral traits.

Identifying these traits in yourself or in loved ones is essential. The most common symptoms exhibited in winter SAD are loss of interest, withdrawal from social life, oversleeping, overeating, craving carbohydrates, nausea and difficulty making decisions. The cause of this mood disorder is widely debated; however, the most common cause would be either a decrease in serotonin or serotonin polymorphisms. Another common belief is that SAD is associated with the overproduction of melatonin, which is produced by the pineal gland in dim-light and darkness.

Hamilton College Student Body President and active member working with the Mental Health Task Force, Nadav Konforty '20, urges students to recognize the importance of identifying SAD: "SAD is key to recognize in the conversation surrounding mental health and general wellness. SAD is very much a real thing, and it is imperative that we as a community realize that many of our peers are prone to it, have dealt with it, and will have to deal with it. There is no shame in SAD, but in order to work on how we can better support students with SAD, we must first commit to acknowledge and validate it."

There are many ways to prevent and fight SAD naturally without the involvement of a professional psychiatrist or therapist. For one, there is



HTTPS://PIXABAY.COM/P-1250897/?NO_REDIRECT

what is known as the "happy light." This light works to mimic sunlight and is known as "light therapy." These so called "happy lamps" emit far more lumens than the ordinary incandescent lamp. This has shown to be more effective when the patient sits directly in front of the lamp for about 30-60 minutes a day. This sounds like a burden until you consider how long you sit at your desk doing homework, browsing Facebook, even watching Netflix. Simply turn the lamp on whenever you are sitting at your desk. Patients have found this to have a positive on their mood as soon as the first week of use, only to improve as the weeks of use continue.

Additionally, in the winter months it is essential to exercise, whether that be in the gym, tossing around a football with friends or even going to Rockin' Jump in New Hartford. Gavin Meade '20, a Minds For Change representative, liason for mental health in Student Assembly as well as a student who works directly with Dean Chase on the Mental Health Taskforce offers his experience and opinion on the effects and responses to Seasonal Affective Disorder. "This is my second winter away from sunny Florida and I certainly empathize with and understand how SAD can affect my peers. In the time that I have spent working with the various mental health organizations that I am involved with, it is certaintly heartening to see the increased focus and attention on some of the lesser-talked about facets of mental health. In the first winter that I was here it was difficult to get motivated to stay in shape and luckily I was able to rely on my friends to push me. This year, I have been able to be much better about managing my health. I encourage anyone who feels as though they may be struggling with SAD to understand that it is real and you are not alone and I urge you to reach out to friends, professors or the counceling center for the help that everyone needs at some point."

More than this, curb the carbs. Many people suffering from SAD symptoms admit to a large consumption of carbohydrate-rich foods, often seen as comfort foods. These include bagels, muffins, cookies, mac and cheese, etc. This often worsens their mood as they are not consuming enough nutrient-and-protein rich foods. Especially in the winter months, it is important to increase the intake of fruits, vegetables and proteins. In addition to this, supplementing with daily vitamins, namely vitamin B, are known to improve an individual's overall mood.

While there are many ways in which an individual can help themselves in cases of Seasonal Affective Disorder, it is important to know when it is the time to turn to a professional for help with your condition. Medical professionals are able to prescribe selective serotonin reuptake inhibitors (SSRI). If your symptoms begin to interfere with your work or relationships, you find yourself feeling despair or hopeless about the future, as well as having suicidal ideation, a weight gain of 15-20 pounds, it is time to seek professional help. Former researcher at the National Institute of Mental Health and author of Winter Blues: Seasonal Affective Disorder and The Emotional Revolution, Norman E. Rosenthal, MD said "It [SAD] is a matter of degree and a matter of dysfunction, versus unpleasantness or inconvenience."

Thumbs Up	Thumbs Down	Who Cares?
Trivia night. Seriously under-hyped social option.	**Student assembly funding meeting. Why are they always so long?**	**The begeing of rush. In 10 years, there are not going to be single-sex societies at this college.**
The burritos in McEwen on Wednesday. They had guacamole in them. They were delicious.	**Campus Safety shutdown a darty this past weekend for a snowball fight. Nothing on this campus has ever made it this clear that we go to glorified boarding school with alcohol.**	**The Gramys. Meh.**
The study abroad office. Super helpful.		**The Feb-Festcomedian. CAB brought two comedians and they're basically the same person.**
Jake Engelman for doing SA budgets.		

by Benjamin Katz '20

Disclaimer: The opinions expressed in this column are purely of a satirical nature, and are not representative of the views of *The Spectator* editorial board.

Hamilton's new Greek Life rush process: fresh social options for first-years

by Matt Cappelletti '21
CONTRIBUTING WRITER

Twenty-two years ago, Hamilton eliminated Greek society off-campus housing. Now, fraternities and sororities are looking to make a comeback on campus.

Hamilton College is known for its sense of community and the strong relationships between students on campus. The College has 27 varsity sports teams, hundreds of clubs, and a number of other organizations that allow students to connect with one another on a daily basis. Greek life at Hamilton, however, is not something that is often discussed with respect to the social scene on campus. This is due to the lack of housing for Greek societies.

In 1996, Greek housing was removed from campus, but the fraternities that occupied these houses were not terminated. The former fraternity houses were turned into high quality residence halls for upper classmen on campus with the exception of Wertimer and Wally J. The fraternities were at a loss for how to maintain the same culture they once had in their houses.

These days, though, Greek life at Hamilton offers many unique perks. First, it is a great way to identify with peers in college and creates a sense of unity on campus. In recent years, many colleges and universities across the country have withdrawn their support for these organizations. This has happened in an attempt to protect the safety and security of students on campus. A common misconception is that fraternity initation, or pledging, consists solely of dangerous activities that make the pledges vulnerable. The biggest concern for parents and school officials is that students will suffer from the consequences of binge drinking during pledging.

What many people are unaware of, though, is that fraternities and sororities yield many more benefits than potential negative consequences. Yes, there is the occasional tragedy at big universities with fraternity members drinking too much. While these stories make national news and spark complaints that fraternities should be completely banished from college campuses, there are positive aspects of Greek societies that do not make the headlines.

Fraternities at schools with strong alumni relations like Hamilton provide members with an easy way to connect with graduates of their fraternity that work in their prospective fields. Additionally, Greek societies hold social events that encourage students to connect on a personal level. Rush events began on the first day of the spring semester and continue all the way through spring break.

> **"Not only do fraternities allow you to branch out to other members of the Hamilton community, but they provide professional and social relationships that are vital to life after four years in college."**
> **-Jarrett Lee '21**

Vice President of Psi Upsilon, Sam Rowley '20, comments that his fraternity plans to hold, "One rush event each weekend for at least the next month. Rush events will be different each week and people who attend can expect to just hang out and get to know current Psi U brothers and other kids who are rushing as well."

This weekend, many societies plan to hold rush events for the Super Bowl. These events will give prospective members an opportunity to bond over football and some tasty pizza and chicken wings, while also allowing members and future pledges the opportunity to get to know each other a little bit better. Fraternities are not the only groups holding rush events this spring, though.

Katie Gagnon '21, who plans to attend the rush events for sororities this spring, comments that, "There's no reason not to do it. They are fun social events where students can connect and have fun together." Sororities on campus are currently holding table talks and other get-togethers that consist of eating delicious food and getting to know each other.

These social events minimize the age gap between under and upper classmen and allow members of different sports teams, clubs, and organizations outside of Greek life to get to know more about the College in general. Additionaly, rushing at Hamilton is a much more relaxed, fun, and inviting process than other schools in the area.

After rushing comes to an end this spring, the various fraternities and sororities will decide which prospective members receive bids. Once a student receives and signs a bid (you can only sign one), they accept the invitation to pledge that Greek organization in the next fall semester. Pledging is "the process of becoming initiated into a society. It is how a society shares information about its history and values," according to the Hamilton website.

Rushing Greek societies is one of the best ways to branch out and get to know more people on campus. The best part about rushing, though, is the lifelong friendships that are formed. In summary, Ethan Wallis '21 states, "Rushing gives me a great opportunity to meet new people, make connections that last a lifetime, and it will further advance my networking to get a job that best suits me."

The truth behind the dining options on campus: are our options really that diverse?

by Gavin Meade '20
OPINION EDITOR

To a potential applicant, Hamilton College seems to have wonderfully diverse food options. The College website boasts, "[we have] two dining halls, a diner, a pub, two cafes and a smoothie bar to satisfy your cravings and keep you fueled." To any student who's been on campus for more than a month, the promises and pictures of happy students on Hamilton's website fail to measure up.

When they are open, McEwen and Commons Hall are two fantastic dining options. McEwen, known in the tacit culture of campus as more vegetarian and vegan friendly, opens at 7:30 a.m. for breakfast and is open until 8:00 p.m. Monday through Thursday. On Friday, McEwen closes at 2:30 p.m. and is not open at all on Saturday or Sunday.

This means that on the weekends the only place to get food (before the Howard Diner opens at 3 p.m.) is Commons, as it is open for more hours than its' more health-conscious compliment on the Dark Side.

The Little Pub is open Monday through Friday from 11 p.m. to 1 p.m. and the regular inhabitants of Pub are remarkably homogenized.

	Total number of students	White students	Black students	Asian students	Hispanic students
Pub	71	83% (59 students)	11% (8 students)	1% (1 student)	4% (3 students)
Opus	49	38% (19 students)	26% (13 students)	22% (11 students)	12% (6 students)

Figure 1. This figure shows the racial demographics of the students observed in this field study.

	Total number of students	Total apparent biologic males	Total apparent biologic females
Pub	71	87% (62 students)	13% (9 students)
Opus	49	45% (22 students)	55% (27 students)

IMAGE COURTESY OF GAVIN MEADE '20

This is not new. In every conversation of dining options or social spaces on campus, people refer to the Pub as a polarizing space. The perception is that Pub most people that frequent pub are (mostly) white athletes or members of Greek Life. As luck would have it, I did my final for an Anthropology course on the ethnographic differences between Opus and the Pub. Clearly this schism exists and it limits the already limited dining options during the week.

Opus 1 and Opus 2 are both great options for niche purchases, but unless you want to spend a significant chunk of change, you do not often patron these cafes for food. The same story goes for Euphoria. If you are looking to indulge, then Euphoria is a tasty treat, but it is not a reliable dining option for students.

The best food on campus is not on the meal plan.

Ultimately, the options for food and refueling during the day are quite good. They of course have their flaws, but no system of dining is perfect. It is my firm belief that Bon Appetit and Hamilton provide more than adequate options during the day. My primary concern is with the options for food during weekends and in the evening.

Diner is the only consistent option for food, regardless of the day of the week. The food from the diner is unquestionably delicious, but for individuals who are vegan, vegetarian, or health conscious, it is not the best option. Currently if you are an athlete with a late practice, or you have obligations or work during regular operating hours for Commons or McEwen, your choices are to eat diner or attempt to make food in your room. This may be a viable choice for students who are lucky enough to live in a suite with a well-equipped fridge and kitchen, but for those in the majority of living spaces on campus, this is not a viable option.

Having good and healthy food later at night works at other schools, and it should work here too.

ROM WHERE I SIT:

ESOL IS FOR SPEAKERS OF ALL LANGUAGES

by Leili Aliyari '20
CONTRIBUTING WRITER

My first class at Hamilton was "American Academic Essay," an English for Speakers of Other Languages (ESOL) course held twice a week in KJ 250, which is supposed to help students ease their way into writing in college.

As Hamilton students, it comes as no surprise to any of us that this College does not take writing skills lightly, and students have to make sure to develop a different skill set than what was required in high school. This class ended up being so much more than just a writing-intensive class that resulted in me learning every single type of essay. Moved to KJ 222 last January from Buttrick Hall (where it was located for 12 years), the ESOL program came to be one of my biggest support systems on campus.

Any student who has used the resources offered by the program, including individual tutoring, knows that it deserves more attention than it receives. I have met several international and non-native-speaking upperclassmen who had not heard of this program before I spoke to them, which is incredibly disheartening. Why is this the case?

If we want to live up to our reputation and make sure that everyone at Hamilton feels like they belong here, we have got to give credit to the resources and programs that work day and night to accomplish this goal and promote them sufficiently. This is not a program alienating a certain group of people from the rest of campus: it achieves quite the opposite.

The ESOL classes and tutorials are the best accessible resources for realizing the value of inclusivity.

We have to make sure that faculty encourage students to take advantage of this program as it is designed for the multilingual population on this campus and for anyone who wants to improve their academic writing skills.

As the Hamilton community continues to come together, we should work to take down the wall of linguistic profiling and remember the words of Ralph Waldo Emerson, "Language is a city to the building of which every human being brought a stone."

'From Where I Sit' is a column dedicated to international students' voices. If you are interested in contributing a piece, contact Britt Hysell at bbrithy@hamilton.edu.

PHOTO COURTESY OF LEILI ALIYARI '20

Ever since Leili Aliyari '20 took an ESOL class as a freshman, she has hoped to extend the support network she discovered with others on campus.

It's the start of another semester and we'd like to welcome you back to campus with yet another crossword! Give it a try while relaxing with your syllabus and planner to plan out your new semester. We wish you luck!

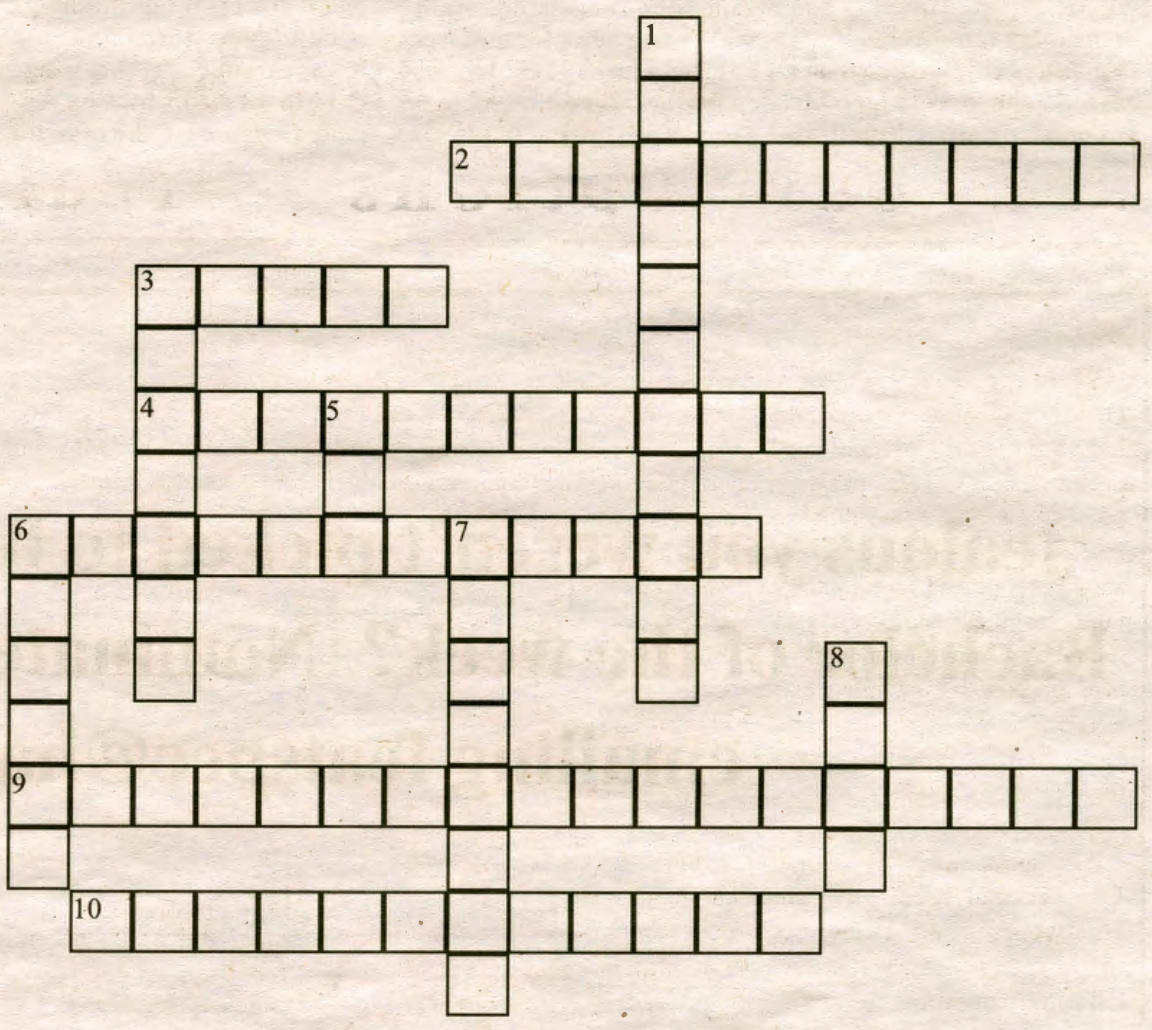
by Cilly Geranios '19 and Molly Geisinger '19
MANAGING EDITOR AND FEATURES EDITOR

Across:

2. The largest protest in history.
3. A position held by an orange cheeto.
4. Common phrase on bulletin boards greeting students after winter break.
6. A lie that exists in some alternative universe wherein professors do not assign homework but rather review expectations for the course.
9. The goals one sets at the beginning of the year.
10. Observed by ASA every year.

Down:

1. Polar bears are also particularly good _____.
3. This group has been known to host a trip to Killington Mountain on snowy weekends.
5. This student group has sold tickets for the Islanders v. Avalanche Hockey game
6. We're now in the second semester, otherwise known as?
7. Half of the collegiate school year, not a trimester.
8. Senior Washed Up Girl.



Answers: ACROSS: 2. Women's March, 3. POTUS, 4. welcome back, 6. syllabus week, 9. New Year's resolution, 10. Lunar New Year. DOWN: 1. ice breakers, 3. pow club, 5. CAB, 6. spring, 7. semester, 8. swug.

NEW MUGS IN COMMONS?

by Peter Case '21
STAFF WRITER

PHOTO PROVIDED BY WIKIMEDIA COMMONS

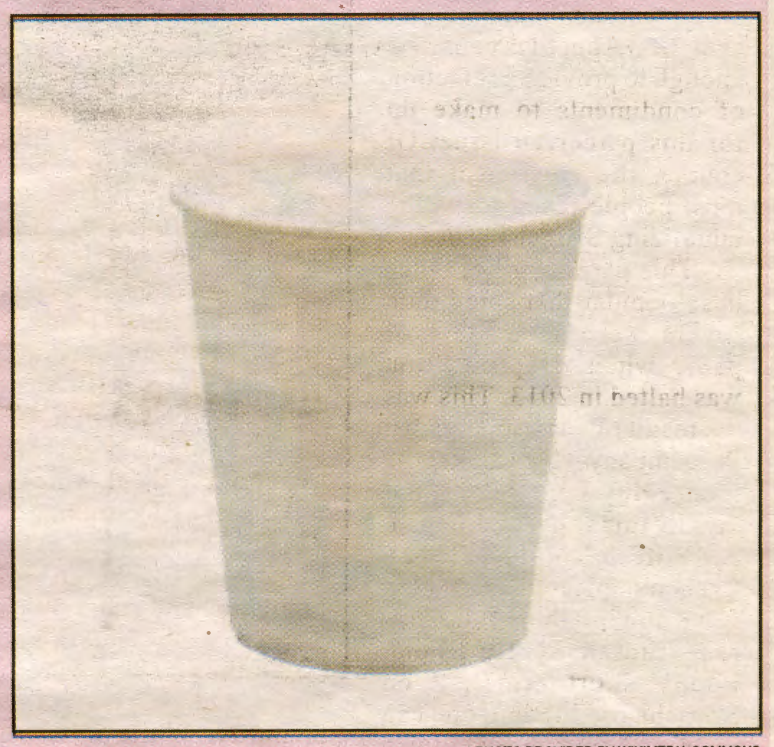


PHOTO PROVIDED BY WIKIMEDIA COMMONS

It seems impossible to walk into a building on campus without being reminded of the ridiculous amounts of waste that we, the student body, produce. Such waste includes the overheated dorms, the lights that stay on in the fitness center well past closing time, the almost completely uneaten meals on the conveyor belts in the dining halls. The most easily identifiable offender – the paper coffee cups offered in Commons and McEwen – may become less visible over the coming semester.

According to Bon Appetit, Hamilton Students use about 24,500 cups each week, a number that seems massive to those of us (myself included) who have trouble comprehending how only taking a cup or two a day leads to such massive, wanton waste. As any environmental science or economics major will tell you, the Tragedy of the Commons theory, which dictates that any communal resource will be depleted quickly due to the inherent selfishness of humanity, rings true in the case of the non-recyclable paper cups distributed in Hamilton's two dining halls. It is hard to conceptualize nearly 25,000 cups in the trash as you rush to fill your cup before your 9 AM class. But with a campus consisting of nearly 2,000 students who are all running on very little sleep and an unhealthy dependence on caffeine, the numbers begin to add up.

These figures beg the question: why are these paper cups not recyclable? Paper is generally recyclable, right? Well, great news for the Great Pacific Garbage Patch because the cups we use here on campus are coated in plastic, and therefore have to go in the trash. In a truly bizarre example of unnecessary wastefulness, the plastic tops for the cups can (and should) be recycled, while the cups themselves cannot.

However, this week ceramic dining hall mugs were reintroduced after a several year-long hiatus. Originally, ceramic mugs were removed from the dining halls because of the student body's penchant for bringing the mugs back to their dorms. So, the reappearance of the mugs is both an effort by Bon Appetit to decrease the amount of waste produced by Commons and McEwen, as well as a vote of confidence that students will resist the urge to steal the new mugs.

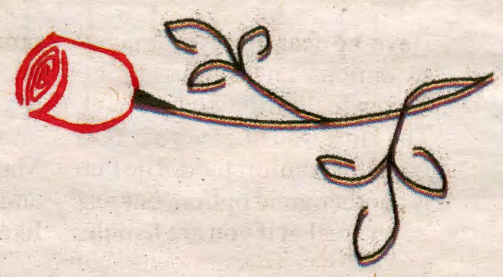
So now, we as a campus enter a trial period. In a poetic dichotomy, we either have to resist the childish, entitled urge to steal ceramic mugs from Commons, or reconcile ourselves with the childish, entitled, and excessive use of paper cups.

As a cynic, I am not hopeful. I am only a freshman, but I have already learned to never underestimate the ability of students to care exclusively about themselves. I do not say this from a place of judgement, for I as well drink several cups of coffee out of those paper cups if I forget my thermos in my room, or even if I am simply too lazy to wash it out each night.

Nonetheless, I would be elated to see a change in student behavior as a result of the presence of new ceramic mugs. It is hard to believe that coffee cups are now the barometer of student responsibility.

We are supposed to be the next great generation? God save us all.

Jealous you weren't picked to be the Bachelorette or Bachelor of the week? Nominate yourself or others by emailing featspec@hamilton.edu



SRIRACHA THEIVES

by Gabrielle Colchete '21
STAFF WRITER

PHOTO PROVIDED BY WIKIMEDIA COMMONS, DISTRIBUTED UNDER A CC-BY 2.0 LICENSE

It is no secret that Hamilton's dining halls often serve plain, unseasoned food. However, Bon Appetit is generous enough to provide a selection of condiments to make up for this perceived issue. Of course, the condiment that most people reach for is the tantalizing Sriracha sauce.

This particular hot sauce is so popular that spicy food lovers were in a state of panic when its production was halted in 2013. This was the result of a lawsuit against the company which makes the sauce, Huy Fong Foods, but luckily this suit was dropped, and Sriracha continues to be a kitchen staple four years later.

Knowing the public outrage caused by Huy Fong Foods' short-term halt on Sriracha production, one can imagine how hungry college students feel when they discover that it is missing from their dining hall. It is not uncommon to find that there is no Sriracha left after three full bottles were stocked the day before.

Toward the end of the fall, the dining halls were slower to restock Sriracha, which aggravated those who use it regularly. Some students may assume that this is simply the result of the hot sauce's popularity. While it is true that many students rely on this condiment to season their food every meal, many are suspicious of how quickly new bottles disappear.

There are rumors that people steal Sriracha bottles from the dining halls, which would explain why the supply is so irregular. There was an instance of students getting caught attempting to steal tubs of ice cream from Commons last semester, so it is conceivable that people may also be stealing condiments. However, stealing something as small as a Sriracha bottle would be much easier to get away with than a two-gallon tub of ice cream. One could simply slip it into their backpack, or under their jacket, as they exit the dining hall.

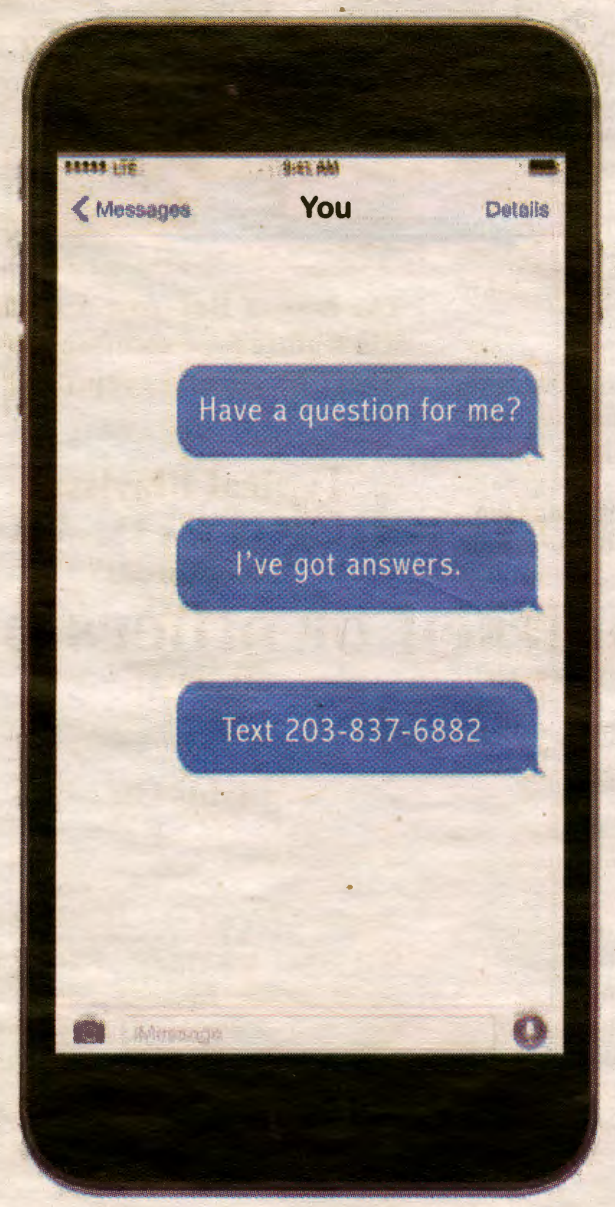
Kavya Crasta '21 claims that she is very passionate about Sriracha. When asked about her Sriracha habits, she said, "I use it on every type of meat. The dining halls barely use any seasoning, and I hate eating anything that tastes bland."

When asked what she does when there is no Sriracha, Crasta responded, "I would get really mad, because Tabasco sauce cannot compare to Sriracha. It is too vinegary." However, Crasta claimed that McEwen recently acquired a new condiment that is a tolerable replacement to Siracha, which she identified as the "jar of chili-garlic sauce in the rice-bowl section."

Crasta asserts: "without Sriracha, eating in the dining halls becomes so much less enjoyable. Without it, I don't know what I'd do. I would probably lose a lot of weight." When asked why she believes that the dining hall's Sriracha supply is so irregular, Crasta voiced her suspicions about Sriracha being stolen. She asserts that if she ever catches someone stealing it, she will "yell at them."

Crasta is not alone in her frustration toward the possibility of Sriracha thieves. For many Continentals, this condiment is the only seasoning that can make dining hall meals enjoyable. These students, all of whom pay for the meal plan, would be rightfully outraged to discover that a few people are hogging entire bottles of Sriracha for themselves.

Perhaps, Bon Appetit should consider finding solution that would make Sriracha more difficult to steal in large quantities. This could be accomplished by using a steel condiment pump, such as the ones that dispense ketchup, instead of leaving out individual bottles. This idea may frustrate people who like to bring the Sriracha bottles to their table, but it may be worth it to ensure that this delectable hot sauce is available to everyone at every meal.



Ask Alex

How do I ask out someone I like who is in my class?

If you want to recreate what's in the movies, you can slip a note under your crush's desk. If you are a realist, ask them if they want to study. Slide into their DMs after 8 p.m. with homework questions. You can also ask a friend of a friend to introduce you. If you are a non-confrontational realist, throw them a smile from across the room.

What do I do if I don't like anything in Commons or McEwen?

Have no fear, there are plenty of options on campus if you are not feeling dining hall food. The Howard Diner is your best go-to for comfort food. The Pub is another good option, but just be aware that if you are female, you will be vastly outnumbered by men. The good thing is that both of those are on the meal plan.

Not on the meal plan, but definitely worth a Hill Card swipe, is Opus for anything vegetarian and relating to coffee. Opus changes its menu everyday and, I will tell you, everything is worth it. Another good option is Euphoria. Smoothies or pretzels with honey mustard and icing are strong options.

How do I date on Hamilton's campus if I don't have a car?

Contrary to popular belief, it is in fact possible to go on a date on campus. While a meal in Commons might not be as ~glamorous~ as a Mitsuba dinner, that does not mean you are out of luck. Many couples sit down in Opus on a big couch to enjoy their Opus Magnum. You can also grab food and eat it in a more private place, like outside McEwen on a warm day. Speaking of McEwen, there are a few nice couple's booths that are up for grab at off hours. Eating upstairs at Commons or in the backroom at a yellow table would work, too.

Should I study abroad?

Your college experience is what you make of it. If you know you like to travel, or want to experience cultures different from your own, then traveling abroad may be just the thing for you. If you are a creature of habit, are deeply-rooted in the community, or have a crippling fear of traveling or airplanes, then perhaps staying on campus would be better. Either way, your semester will be rewarding and worth it, so you do you.

Were you the hottest founding father?

Yes.

Celebrating first American Indian Social Dance and Oneida rapper on campus

by Michelle Chung '20
A&E Editor

In a night filled with interactive dances, culturally rich music, thought-provoking historical stories, and some delicious food, nearly 100 attendees gathered together on Jan. 27 to witness the first traditional American Indian Social Dance performed on campus, followed by a rap performance from an Oneida Nation rapper Daygots. Organized by the Shenandoah-Kirkland Initiative (SKI) and sponsored by Student Assembly and the Chaplaincy, the event gave members of the Oneida Nation and Hamilton community a chance to communicate with one another and celebrate this long-awaited occasion.

PHOTO COURTESY OF LEVANA LYU '21

Rapper and music producer Daygots Leeyos Edwards from the Oneida Nation performs a set of songs to start the event.

SKI was founded in the fall of 2016 by Christina Florakis '19 and Lily Pieper '18, who are still active participants and members of the group's e-board. They were inspired to create the organization due to the troublesome history behind the college, recalling the unfulfilled promise made over 200 years ago when the college was first founded. Missionary Samuel Kirkland had initially agreed with Chief Skenandoah of the Oneida Indian Nation that the school would be a way for members of the two groups to live with and learn alongside one another. With the Oneidas having since been overlooked, SKI hopes to now revitalize this relationship.

Having attended Social Dances on the Oneida Reservation before, the members of SKI wanted to bring a similar program to share with the campus community, encouraging students of Hamilton to learn about the Oneida Nation. "The idea came from a visit from Kandice Watson, who came on campus to discuss Native Mascots and has worked with the Oneida government, and mentioned that we could have performers come on campus. We had gone to similar Social Dances on the Oneida Reservation where we had first been introduced to this type of event [...] [Our event] was also a way to reciprocate thanks to the community for allowing us to visit their events multiple time," said SKI President David Gagnidze '20.

Elder speakers Brian Patterson and Sheri Beglen began the dinner as they each shared their thanks to the attendees. Patterson said, "It is a pleasure to engage in this evening activity, as it really means a lot for our Oneida people to come and share our ways of living, small glimpses into our Oneida culture, and rich heritage." Especially with the historical connection that Hamilton has with the Oneida people, Patterson commented that he hoped the relationship would continue to flourish.

Consequently, rapper and music producer Daygot Leeyos Edwards took the stage to perform a series of songs that were all inspirational, thought-provoking, catchy, and more. A great amount of her lyrics focused on her cultural history and heritage, such as "Nothing to Prove," which consisted of the lines: "My voice matters; I represent my people everywhere I go / Oneida Nation, born and raised, on the smallest reservation / I'm a product of self-determination with odds against my ancestors who stayed to protect these homelands." She also rapped songs that focused more on self-empowerment, such as "DANCE!" where she repeated the lyric: "This is your chance to free yourself / the world is your dance floor."

Dancers Chris Thomas, Adah Shenandoah, Wes Fawkin Slay, and Monique Powless then introduced themselves to the crowd and performed a set of dances that each came with their own historical background. Attendees looked on at the leaders' demonstrations before excitedly joining the dances themselves.

The dancers then spent time discussing the history behind the instruments they used and the attire they chose to wear. Some examples included using a water drum, which has a bit of water poured into a hollowed tree which changes in pitch depending on the water's position, as well as wearing the feathers and colors of multiple birds because of the Oneida's close relationship with birds.

With the success of the event, having garnered participants from both on and off the campus community, SKI hopes to host similar programs where there can be greater connections fostered between Hamilton and the Oneida Indian Nation.

"[The program was] vital because it is the first time in Hamilton's history, as far as I am aware, that traditional Haudenosaunee (Iroquois) dance was held on campus. Not only that, but it raises general awareness about American Indians and the issues facing the Native community, a topic that does not get nearly enough of the attention that it should," Gagnidze expressed.

"And it is one of the best ways to show to the Oneida that they are welcomed on this campus, which sits on their historic homeland. Due to the tense relationship Hamilton has had with our neighbors, it is of utmost importance that such an event take place on campus, and this was exactly that."

PHOTOS COURTESY OF MICHELLE CHUNG '20

Oneida dancers introduce a traditional dance before encouraging attendees to mimic and join.

WHCL 88.7FM

Show Profile:

Honestly, A Look

Wednesdays at 1 a.m.

with...

Geoffrey Ravenhall Meinke '20 and Amelia Boyd '20

Honestly, A Look is quite possibly the most educational and influential show on WHCL. Theme-centric curated playlists, intellectual discussion, and frequent shoutouts! What more could a radio listener want? Every week, star co-DJs Amelia and Geoffrey create a playlist of songs that fit into a very specific theme, then discuss the theme and others related to the music they play. Discussions are always lively and engaging, bringing in different perspectives on the world and music we play.

PHOTO PROVIDED BY CUPCAKKE

The host of Honestly, A Look will feature some notorious hits from Chicago artist cupcakKe.

Typical Playlist:

"Deepthroat"
– cupcakKe

"Animal"
– Miike Snow

"Lights On"
– H.E.R.

Established in 1941, WHCL is a non-profit, student-run, free-form radio station. Located atop College Hill in the beautiful village of Clinton, New York, it boasts 270 watts of power and runs 20 hours a day, 7 days a week.

Reviewing the 2018 Grammy Awards: winners, performances, and "Time's Up"

by Emily Rivito '21
Contributing Writer

The 60th annual Grammy Awards premiered on Columbia Broadcasting Services (CBS) Sunday, Jan. 8, celebrating the past year's accomplishments in popular music. This year's show was all about breaking traditions, the first being the location of the awards show itself. The show took place in New York City in Madison Square Garden for the first time in 15 years.

Host James Corden addressed another change in this year's show by beginning the night with a joke, saying, "We don't just have the most diverse group of nominees in Grammy's history, we also have, for the second year in a row, the least diverse host in Grammy's history." This certainly was the case, as none of the nominations for Album of the Year included a white man for the first time in history. The seven most-nominated artists were all people of color as well.

Musicians used the night to shed light on an array of social issues. Many artists wore a white rose to show their support of the "Time's Up" movement, which was recently formed to address the many sexual assault allegations in Hollywood that have arisen. Kendrick Lamar opened the show with U2's Bono and The Edge with an intense performance that highlighted racial tensions.

PHOTO COURTESY OF WIKIMEDIA COMMONS

Kesha and dozens of other female vocalists deliver a moving performance of Kesha's "Praying."

"We are also daughters, wives, mothers, sisters, and human beings. We come in peace, but we mean business. And to those who would dare try and silence us, we offer you two words: 'Time's up.'" These were the words of musician Janelle Monae as she introduced a moving performance of Kesha's song, "Praying" which was accompanied by Cyndi Lauper, Camila Cabello, Julia Michaels, Alessia Cara, and other female musicians.

Jay-Z led the night with eight nominations, with Kendrick Lamar reaching seven nominations and Bruno Mars totalling six nominations. Yet, Mars was the true winner of the night, stealing the show and winning Album, Song, and Record of the year. SZA, on the other hand, won none of the five awards for which she was nominated, disappointing many.

Kendrick Lamar won Best Rap/Sung Performance and Best Rap Performance. Alessia Cara won Best New Artist, while Ed Sheeran was not present to accept the Best Pop Solo Performance for "Shape of You."

Memorable performances included Elton John and Miley Cyrus collaborating to perform the classic "Tiny Dancer", showcasing their musical compatibility. Luis Fonzi and Daddy Yankee performed their mega-hit "Despacito," and Rihanna, DJ Khaled, and Bryson Tiller sung and danced to "Wild Thoughts." Childish Gambino sung a chilling rendition of "Terrified," while Bruno Mars and Cardi B brought everyone to their feet with their new song, "Finesse."

Tributes were performed at various parts throughout the night. Eric Church, Maren Morris, and Brothers Osborne sung an emotional tribute to the victims of the Manchester attacks, singing Eric Clapton's "Tears in Heaven." Gary Clark Jr. and Jon Batiste paid homage to the late Chuck Berry and Fats Domino. Ben Platt, Broadway star of the popular Dear Evan Hansen, sang "Somewhere" to pay tribute to composer Leonard Bernstein, while legend Patti Lupone performed an emotional version of "Don't Cry For Me Argentina."

Musicians at this year's Grammy's celebrated music's power to heal, empower, and bring joy to others. It was a night not without disappointments, but it showed the acceptance and progress of our future in music.

Hamilton students learn the power of community art through the creation of a mosaic mural

by Josie Blatt '21
A&E Editor

Irina Rojas '18, with assistance from Boston artist Josh Winer, is in the process of creating a mosaic mural for Hamilton College, aimed at demonstrating the power of community art. Winer is an artist based in Boston, Massachusetts who specializes in murals, mosaics, and teaching art. Winer's background includes a degree in Fresco Painting from the Skowhegan School of Painting and Sculpture, a Bachelor's degree in Fine Arts from Yale University, and a Master's degree in Architecture from Harvard University. He also became a licensed architect in 1989 after practicing architecture for three years. Winer has created over 100 murals and works of public art, from large murals for city centers to smaller interior murals for homes.

On Saturday, Jan. 27 and Sunday, Jan. 28, Rojas held hour-long workshops to teach students from all disciplines and class years the steps involved in building the mural made up of cut mosaic tiles. Students who attended the workshops are now able to work on the mural on the third floor of the Sadove Student Center any time they want throughout the semester. These approximately 30 students are also now able to teach anyone else how to contribute to the mosaic mural. The mural will be installed in April or May outside of McEwen and Opus 1.

The mural, which is 78 by 142 inches, is filled with overlapping literal and symbolic representations of Hamilton's campus. Every aspect of the mural was designed by a Hamilton student or recent alumni. Ellison Sherrill '17 created the drawings of Steuben Field, Blood Fitness and Dance Center, and the Kennedy Center for Theatre and the Studio Arts. Ella MacVeagh '18 drew a group of colorful cows, signifying the cows in the surrounding Clinton area. Jaleel Davis '19 designed a collage of foods, buildings, activities, animals, and objects that are meaningful at Hamilton College. His design includes apple cider, a giant squirrel, a diner cup, and Colgate toothpaste, symbolizing the unspoken rivalry between Hamilton College and Colgate University. Other designers include Rojas, Gillian Mak '18, Claire Callahan '18, Christina Florakis '19 and the late Annalise Curtis '18, whose dragonfly drawing is featured in the mural.

Now the broader Hamilton community is tasked with cutting and placing mosaic tiles on the mural.

This is the first community mosaic mural in the college's history. Rojas worked on a similar project at her high school and was inspired to bring it to Hamilton. She also collaborated with Winer for her high school mosaic mural. Student Assembly President Nadav Konforty '20 went to high school with Rojas and was moved by her high school mosaic mural to assist her with this project.

At the workshops on Saturday and Sunday, Rojas explained the significance of the mural, and taught attendees how to cut and place the thousands of small mosaic tiles. Rojas also went over the particular guidelines, including what to outline with black tiles, and the importance of cutting the tiles rather than simply placing them whole onto the piece. Then the group began sorting the small mosaic tiles by color and sticking them on the the mural which is covered with a translucent adhesive material. When asked why they were at the workshop, many students noted the relaxing nature of working on the project and the power of many different types of people coming together to create something beautiful.

PHOTO BY KAJA BIELECKA '21

Students from all disciplines and class years begin to work on a community mosaic mural.

Additionally, Rojas FaceTimed with Winer on her laptop so he could interact with students and teach more intricate tile cutting techniques. All campus emails will be sent in regards to future workshops.

Positioned on the third of the Sadove Center, all Hamilton students are encouraged to check out the progress of the mural at any time.

Mangia Macrina's
WOOD FIRED PIZZA
"Experience the taste of Naples"
Only 90 Seconds in our 800+ degree oven
10% off with valid student ID
315-864-3728
8636 Seneca Turnpike
New Hartford
Beer and Wine available!

CALL TOLL FREE
844-847-6083
CONFIDENTIAL

FREE CONSULTATION
FACULTY STAFF AND
STUDENT DISCOUNT

The Law Offices of
Daniel N. Cafruny, Esq.
Attorney at Law

34 Oxford Road
New Hartford, NY 13413
cafrunylaw@gmail.com

Tel 315-765-0610
Fax 315-765-0710
Toll Free 844-847-6083

Criminal Defense Traffic Tickets Employment Discrimination
Sexual Harassment Personal Injury New York State and Federal Law

We want YOU

...to write for *The Spectator*!

Email spec@hamilton.edu if you are interested.

New Hartford Taxi

Airport Pickup and Drop Off Service

Group Rates Available

315-507-2171

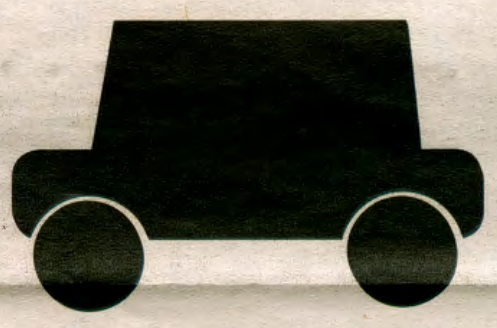


ILLUSTRATION BY HEIDI WONG

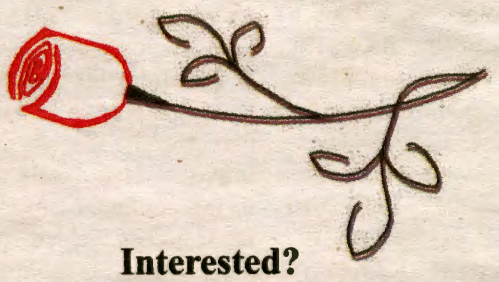
Hey Seniors!

Mulan was obsessed with reflections... and so are we.

Email featspec@hamilton.edu to share your experiences!

On the next installment of Bachelor and Bachelorette:

It could be YOU



Interested?
featspec@hamilton.edu

Women's hockey rebounds from tough weekend with win over SUNY-Potsdam

*from W. **Hockey**, page 16*

face offs won at an equal 25-25.

After just over 22 minutes without a score, Middlebury's Rachael St. Clair scored a tip-in goal off a rebound for her first of the season. Hamilton's Rockey, however, would not be denied, as she scored her second goal of the series (seventh on the season) with just over 10 minutes remaining in the second period. The goal was assisted by freshman forward Maddie Beitler '21 (fifth on the season).

The score remained 1-1 at the second intermission and throughout the third period. Sam Walther had another outstanding performance in the net while tallying an incredible 46 saves (season high). To the Continentals' dismay, the game ended with a goal from Middlebury's Maddie Winslow just 44 seconds into overtime. The 2-1 loss puts the Continentals (7-3-0 in NESCAC games) behind Connecticut College (7-1-2 in NESCAC games) and Middlebury (8-1-1 in NESCAC games).

Freshman defender Emily Walther '21 commented on this weekend's games and the team's position heading into the last stretch of the regular season. "Although we lost the first game and then lost in overtime the second game, we played as a team and really competed. [The way we played] gives us a good step going into the postseason where I'm confident we will see them [Middlebury] again and win down the road," she said.

In their final non-conference game of the season, the Continentals squared off against the SUNY-Potsdam Bears. The Continentals met Potsdam back on Jan. 9, when the Bears took the 2-1 victory on their home ice. Tuesday's game provided a great opportunity for Hamilton to prepare for their tough upcoming NESCAC schedule in the remaining weekends of the regular season.

The Continentals enacted revenge against the Bears on Jan. 30, posting a 3-0 shutout at Russell Sage Rink. Sam Walther was dominant between the pipes for Hamilton, stopping all 14 shots she faced to tally her seventh shutout of the season, the most amongst NCAA Division III goalies. Giuttari opened the scoring in the first period with her eighth goal of the season with assists credited to Rockey and Beitler. Olivia Hawes '19 doubled the Hamilton lead in the first, and Hamilton's leading scorer, Missy Segall '21, picked up her 10th goal of the winter to seal the victory in the third period.

While, over this past weekend, Hamilton lost its third consecutive NESCAC game, the team ends the season with three two-game series against Bowdoin, Amherst and Connecticut College. Depending on how Middlebury fares in their final NESCAC games, the Continentals have a strong chance of regaining the number one or two seed heading into the postseason.

Students on campus have been ecstatic to watch the men's and women's hockey teams play this winter and are rallying around both teams in hopes of having another strong playoff push. "We are looking to finish the regular season strong against Bowdoin, Amherst and Connecticut College, which will all be good games," Walther states. The Continentals are seeking a trip to their first ever NESCAC Championship this winter.

PHOTO BY KIRBUEL TESAFAYE '21

Hamilton defenders fight off a Colby attack in front of the net.

Women's basketball hosts Bates and Tufts in final home games of regular season

*from **Basketball**, page 16*

petitive schedule of seven more NESCAC games and two non-NESCAC games. The Continentals grabbed wins against non-conference teams SUNY-Brockport and Albany College of Pharmacy and Sciences. Against SUNY-Brockport, the Continentals were behind by 12 points partway through the second quarter but soon restored their lead, as Steiner totaled 13 points in her second career game start and Kendall Rallins '19 added 12 points and four steals.

At Albany College of Pharmacy and Sciences, the Continentals had one of the most impressive team performances so far this season. All 13 Hamilton players scored at least two points while Hamilton shot 50 percent from the floor. The Continentals had a 44-point lead midway through the fourth quarter and again in the final minute of the game. This was Hamilton's thirteenth win, giving the team its highest win total since their 2009-2010 season. The victory also closed out the non-conference portion of Hamilton's season, in which they sported an impressive 12-2 record.

Unfortunately, between the victories over Brockport and Albany College of Pharmacy, the Continentals fell to Amherst, the number one team in the country. This past weekend, Hamilton also fell to then-third in the country Bowdoin and lost a senior day heartbreaker to Colby in spite of 25 points from Serbent. While their overall record, 13-7, is strong, Hamilton has won just one of its first six NESCAC games and sits at ninth in the 11 team conference with four conference games left to play. In order to finish in the top eight of the conference and obtain a playoff berth, Hamilton must win at least two of its final four games and probably three. The Continentals have the eighth-best offense in conference play, paced by Serbent, Getman, and Steiner, who have averaged 13.3, 8.5, and 8.2 points respectively in the first six conference games. Srinivasan and Getman, who have grabbed seven and six rebounds per game in the conference, lead Hamilton on the boards, while Aldridge, Rallins, and Srinivasan have each chipped in at least two assists per conference game. Hamilton's final four games come against Bates, top-ten ranked Tufts, Middlebury, and Williams. In order to compete in those games and make the playoffs, the Continentals' defense must improve. Hamilton's defense ranks last in the conference in conference play, as the team has yielded 70 points per game, more than five points per game more than the next highest team, Bates, and 30 points per game more than the team with the conference's top defense, Amherst.

While the recent conference losses were tough to swallow, the team is forging ahead and thankful that they remain in the playoff race. "We're focusing on keeping our heads up and being optimistic. We have to hone in on our defense in these last few games," reflects Serbent. Getman added that, "After a tough weekend, the remaining four regular season games have become even more crucial important for us. At this point, we are really focusing on optimism, intensity, and hard work." The team knows it must improve in order to make the playoffs and make a run in the tournament. "Everyone is putting in time outside of practice to work on their game. We feel as if we are all on the same page with our mentality going forward into our final two weekends," Getman added.

Crunch time has arrived for the Hamilton women; these next two weekends will decide the fate of their season. The Continentals women host Bates on Friday, Feb. 2 at 7:00 p.m. at the Margaret Bundy Scott Field House. Tufts, currently ranked in the top ten of both polls, comes to town on Saturday for a 3:00 p.m. matinee. The following weekend, the last of the regular season, the Continentals travel to Middlebury, VT, and Williamstown, MA, to take on the Panthers and Ephs, respectively. Hamilton is in a do-or-die situation and they know it.

"We know we have to win to keep the season alive," Getman imparts. The cards are on the table; Hamilton's fate is in its own hands. Serbent stated plainly, "We've got four NESCAC games left, and we are going to do our best to win."

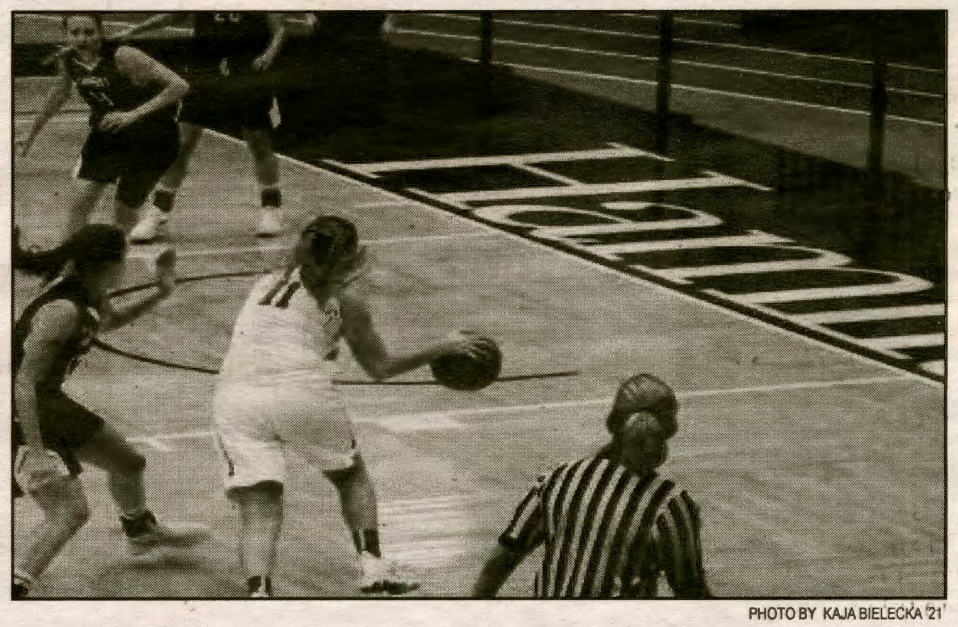


PHOTO BY KAJA BIELECKA '21

Carly O'Hern '20 drives to the paint in a match-up with Amherst.

Super Bowl LII matchup leaves much to be desired for football fans

PHOTO COURTESY OF WIKIMEDIA COMMONS

Nick Foles will attempt to take down the Goliath that is the Patriots' dynasty on Sunday night.

by Ian Nichols '19
CONTRIBUTING WRITER

Look, I'm a huge football fan. I look forward to every Sunday during the NFL season where I can sit on the couch for eight hours, wasting away the day watching guys chase after the pigskin. With that being said, there's always something special about Super Bowl sunday. It's the culmination of a grueling season, and generally the two best teams are battling it out for the title. Sprinkle in some funny commercials and you've got yourself some must-see TV.

But this year feels different. I am having a tough time getting excited during this two week break, because the more I think about it, the more I believe that this Super Bowl could be terrible; before you start ripping me, hear me out.

First of all, the New England Patriots are back in the Super Bowl. This means that a team that 95 percent of football fans cannot stand is in the Super Bowl. While I respect what the Patriots have accomplished over the last two decades, it is time to get some new faces in the big game.

On that note, I really wonder if Patriots fans can even be that pumped that their team is back for another year. Let's face the facts; they just won it last year, and have five championships over the past fifteen years. A little bit of that genuine excitement must be wearing off by now, right? You would have to be genuinely kidding yourself to tell me this Super Bowl has some kind of special buzz around New England. And I mean, there are really no good storylines attached to this year's Patriots team either. Tom Brady and Bill Belichick have already cemented themselves as the two best to ever do it. It is not like they need just one more title to overtake legends sitting at the top, so who cares if they win another one? And does anyone really want to hear about how Brady has just shown again why he is the best to ever play? That has "boring" written all over it in my opinion, as there is just no significance to a New England win here.

Hey, we all expect the Patriots to win this game. They are the reigning champs and have shown no signs of slowing down over the course of this season. But, if the Patriots do win, how much pride can you take in beating a team who is without its best player in Carson Wentz? This is a player who can single-handedly change a game, and was arguably on his way to the Most Valuable Player award until his brutal injury. For all the Pats fans out there, I understand you would be happy if your team wins the Super Bowl, but this one would have to be clearly at the bottom of your list of championships, no? Maybe it is just me, but I am always disappointed when a game, let alone a championship, does not come down to the best players on each side dueling it out for bragging rights.

Now, let us flip over to the Philly side of things. Eagles fans are desperate for a championship after years of disappointment. I do not think there's a group of fans in professional sports who care about their team as much, and are as wild as Philly fans. These people deserve a championship after all their years of dedication and suffering. But, with that in mind, do Eagles fans really want Nick Foles to be the guy who finally brings home a ring to Philadelphia? Do not get me wrong, Foles seems like a pretty good guy and is a decent NFL quarterback, but Carson Wentz is Philly's golden boy. Wentz presumably will lead the Eagles for the next fifteen years, barring additional injuries of course. This really seems like a missed opportunity for a passing of the guard from the greatest of all time, Brady, to the up-and-coming star, Wentz. Not only that, but it is also a missed opportunity for the NFL, who is searching for their new cover boy with Brady surely soon to be on the way out. This guy cannot play forever, even if he believes he can. If you ask me, Brady seems like a narcissist with a few screws loose, but that's beside the point. Again, I obviously realize that Philly fans would be ecstatic with a championship, but with Carson Wentz sidelined, you are missing out on some serious entertainment value.

So, what is the best-case scenario for this Super Bowl? What makes this interesting? I have thought long and hard about this, and I think the only way this goes down as a game to remember is if the Eagles pull it out with a gut-wrenching, come-from-behind victory, reminiscent of the Giants in Super Bowl XLII. I mean, I think any kind of Patriots win is a loss for the vast majority of viewers, but an Eagles blowout really is not that thrilling either. Sure, it is always great to see the Pats lose, but if the Eagles run away with it from start to finish, most football fans will not be especially intrigued.

Now, is there a possibility that the Eagles do storm back from an early deficit and end the Patriots' run of excellence in dramatic fashion? Of course, but there is also a strong chance they do not. If you ask me, it is a damn shame that we have to go into one of the most well-known and highly celebrated sports events hoping for one very specific outcome to spark our interests. Look, I really hope I am wrong and this game turns out to be an instant classic; I do not have my hopes up. The Super Bowl has been — and will always remain — an event I circle on my calendar each and every year. Unfortunately, for myself and all other football fans out there, this one looks like it is going to be a dud.

PHOTO COURTESY OF WIKIMEDIA COMMONS

Brady's five Super Bowl wins are the most by any quarterback in NFL history.

H SPECTATOR SPORTS
February 1, 2018

Women's basketball prepares for late-season NESCAC playoff push

by Mary Lundin '19
Staff Writer

	1	2	F
Albany College of Pharm.	14	19	33
Hamilton	**48**	**27**	**75**

	1	2	F
Hamilton	25	29	54
#3 Bowdoin	**53**	**34**	**87**

	1	2	F
Hamilton	28	24	52
Colby	**30**	**31**	**61**

The Hamilton women's basketball team started their season on a hot streak. After winning two games at the Brockport Tip-Off Classic, against Hartwick College and Alfred University, the Continentals went on to defeat SUNY Polytechnic, Utica, Morrisville State, Cazenovia, and Union, dominating in out-of-conference play. In the final game prior to Winter Break against the Bard College Raptors, the Continentals grabbed another win, as Carly O'Hern '20, Samantha Srinivasan '18 and Lauren Getman '18 each added at least nine points, while Steiner was credited with three assists and Mackenzie Aldridge '20 grabbed three steals. Eleven Continentals got into the scoring column including first-years Scout Lansing '21 and Kayla Glemaud '21, who added layups to put the Continentals ahead by 22 early in the second quarter. Both O'Hern and Getman added at least ten points in five of the opening eight games; Halie Serbent '19 did the same in three of the opening eight games. Hamilton's 8-0 record was the best start to its season in program history.

With seven games over Winter Break — three of them against NESCAC rivals, — it was vital for the Continentals to persevere and maintain their focus. Against tough competition, the women won three games, including one NESCAC win against the Trinity College Bantams. In this game, the Continentals never gave up their lead, as Serbent, Marie Steiner '20 and Mia Caterisano '19 tallied double digit points; Caterisano achieved a career-high 12 points and went 6-for-7 from from the floor in only 16 minutes. No matter Trinity's play, Hamilton had an answer. At the half, Hamilton had a seven point cushion. Trinity added two three-point baskets during the beginning of the third quarter, but Hamilton responded with a 5-0 spurt, allowing them to preserve their lead through the end of the third quarter. Despite a 7-1 Trinity run, springing them within two points of a tie, Srinivasan and Aldridge went 2-for-2 at the free throw line with 30 seconds left, helping the Continentals clinch their first NESCAC win, 68-66. Hamilton also found wins against SUNY-Potsdam and Salem State over the break, while falling to North Park and William Smith, as well as NESCAC opponents Wesleyan and Connecticut College.

Anxious to get back on their home court after a long string of intense competition during Winter Break, the Hamilton women's basketball team was ready to take on the remainder of their season with a com

*see **Basketball**, page 14*

PHOTO BY KAJA BIELECKA '21

Hamilton sets up on the offensive end against Amherst.

Women's hockey has tough weekend against nationally-ranked Middlebury

by Matthew Cappelletti '21
Contributing Writer

	1	2	3	F
Hamilton	0	0	1	1
#5 Middlebury	**1**	**0**	**2**	**3**

	1	2	3	OT	F
Hamilton	0	1	0	0	0
#5 Middlebury	**0**	**1**	**0**	**1**	**2**

	1	2	3	F
Potsdam	0	0	0	0
Hamilton	**2**	**0**	**1**	**3**

The Continentals had their work cut out for them entering this weekend's two-game showdown versus nationally-ranked Middlebury. The Women's Hockey team stood at 10-4-1 (7-1-0 in the NESCAC) before facing off with the Panthers on Friday night. The Continentals started the season with a perfect 7-0 record in NESCAC competition before dropping a game against Wesleyan on Jan. 20.

The first game over the weekend opened up with a Middlebury goal just over two minutes into the first period. While goals were hard to come by for nearly two periods, both teams erupted to net three goals and four penalties in the third period. Andrea Rockey '19 attempted to lead the Continentals' late comeback with a goal halfway through the third period, however the effort was stopped by a strong Middlebury defense. Rockey's goal, her sixth of the season, was assisted by Michaela Giuttari '20 on a pass from Taegan Blackwell '19 (her sixth assist on the season).

Hamilton was 0-3 on power plays Friday night, compared to Middlebury's 1-5. The Panthers also had the advantage in shots on goal (36-19) and face-offs won (37-18). Even though the Continentals' star goalie, Sam Walther '18 totaled 33 saves on Friday night, the Panthers held off the Continentals to take a 3-1 victory heading into the second game.

The Continentals sought a different outcome on Saturday night when they played Middlebury for the final time this regular season. The game was a defensive battle as Middlebury led in shots on goal (48-18) and the Continentals matched the Panthers in

*see **W. Hockey** page 14*

PHOTO BY KIRUBEL TESAFAYE '21

Steph DiPetro '18 charges into the offensive zone.